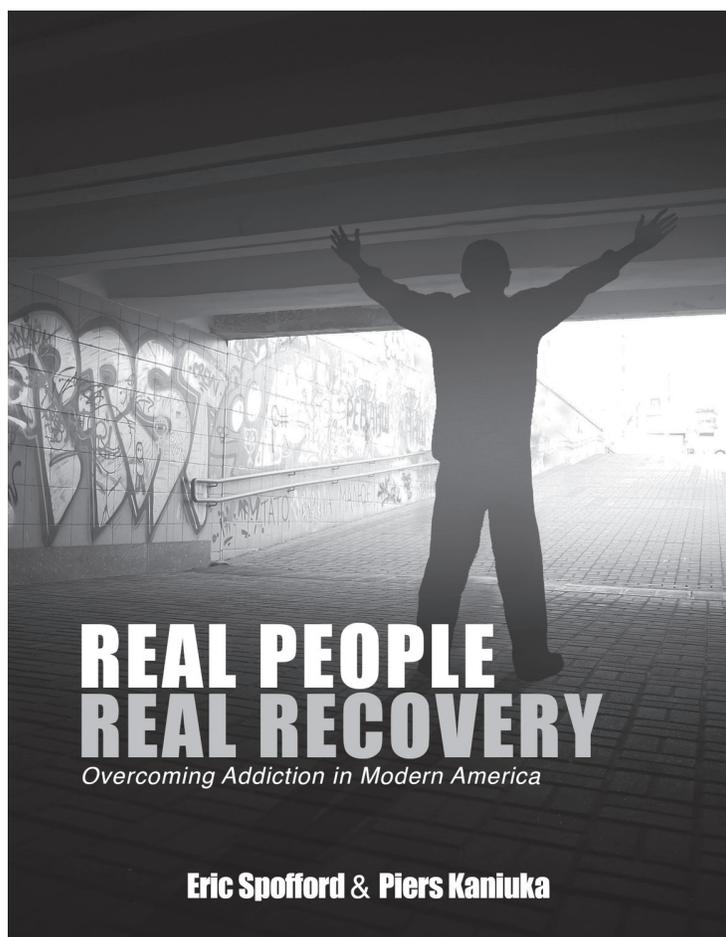




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# Real People Real Recovery

## A Guide to Overcoming Addiction in Modern America

Piers Kaniuka and Eric Spofford

Noted recovery experts Eric Spofford and Piers Kaniuka are providing hope. In this book, the authors discuss their personal journeys from the depths of addiction to finding recovery, as well as their experiences in helping thousands of addicts. They discuss the root causes of addiction, which include a lack of human connectivity (dislocation), the prison industrial complex, the greed of the pharmaceutical industry, stress, mental illness, poverty, domestic violence, and much more.

### Key Features

- Provides useful, unique information on how to choose the right treatment center for yourself or your loved one something not found in any other book.
- Thoroughly explains their model of addiction treatment, which focuses on the root causes of addiction and finding happiness in sobriety
- Analyzes and assesses the societal factors that are exacerbating the opioid epidemic in the U.S.
- Provides a blueprint for recovery and a way out through a modernized 12-step-based approach

**Piers Kaniuka** is the co-founder and Director of Spiritual Life at the Granite Recovery Centers, the largest substance abuse treatment network in New England. Piers, himself a recovered addict, mentored Eric through his early days of sobriety. Piers has a Master's degrees in Theological Studies (Bangor Theological Seminary) and Counseling Psychology (Antioch University), and is a certified yoga instructor.

**Eric Spofford**, CEO of Granite Recovery Centers, is an expert in the fields of addiction and recovery. He has testified before the United States Senate on the topic of addiction. A heroin addict by age 15, he got clean in 2006. Eric opened The Granite House, an extended care program for men in Derry, NH. He has since opened several more facilities with a total of 280 beds for men and women and has grown Granite Recovery Centers into the largest substance abuse treatment network in New England. Eric hosts the weekly podcast, "Real People. Real Recovery." He's also featured in the documentary "The Heroin Effect."